

## **Frequently asked questions about the UCLA/USW Shift Work Study**

### ***When do I have to return my contact sheet to participate in the study?***

UCLA is recruiting volunteers for the study through Nov. 15, 2014. If your contact sheet is received by this date, you will be included in the study.

### ***I sent in my contact sheet asking for an online survey, but I still haven't received it yet. When can I expect it?***

The online surveys will not go out until after November 15. If you are still waiting for an online survey after that date, check your junk mail folder. If you still can't locate it, email [kmcnamara@ucla.edu](mailto:kmcnamara@ucla.edu).

### ***I have been working days recently, am I eligible to participate in the study?***

Yes. We are interested in some study participants who work day shifts to provide a comparison group. In addition, many workers who have moved to a permanent day schedule have a history of working shifts. We are collecting information about your current schedule as well as your previous work history.

### ***I retired recently but I received a packet in the mail about the study. Can I participate?***

Yes. If you received a packet in the mail, you are still on the USW roster and are welcome to participate. There is a detailed section on work history that can incorporate several schedule types and time periods. Use this to reflect your previous work schedule(s).

### ***I am off work right now, so I assumed I was not eligible for the study. Is this right?***

If you are off work for family or medical leave, disability, or vacation, you are still eligible to participate. You can account for your previous work history rather than your current work schedule in the questionnaire.

### ***I lost my info packet about the study, but I would like to participate. Is it still possible?***

Yes. Email [kmcnamara@ucla.edu](mailto:kmcnamara@ucla.edu) or call (424) 259-2627 to request information about the study or to provide the study team with your preferred method of contact for the survey.

### ***I sent in my contact sheet saying I was not interested, but changed my mind. Or, I didn't think I was eligible, but now I realize I am. Is it too late to be included?***

No. You can contact the study team until November 15 (email [kmcnamara@ucla.edu](mailto:kmcnamara@ucla.edu) or call (424) 259-2627) and answer a few questions to be included in the study.

***Thank you for your interest in the Shift Work Study!***